

N. C. ASSOCIATION OF RESCUE & EMS, INC.

*BASIC LIFE SUPPORT
COMPETITION RULES*

1.0. COMPETITION ENTRY

- 1.1 Forms to enter the NCAR&EMS Competition will be provided by the NCAR&EMS.
- 1.2 Entry forms for competing teams must be mailed to the NCAR&EMS and be postmarked NO LATER THAN POSTED DEADLINE.
- 1.3 Teams will have site numbers assigned as they are received by the NCAR&EMS.

2.0 COMPETITION AREA

- 2.1 The competition area and team site sizes will be designated by the Competition Committee.
- 2.2 Persons authorized to be in the competition area are:
 1. Competition Committee Members
 2. Competition Judges and approved Judge's Assistant
 3. Competing Team Members
 4. Victims
- 2.3 No unauthorized persons or spectators will be allowed in the boundaries of the designated competition area.
- 2.4 The Competition Committee chairman may authorize others, such as media representatives and dignitaries, to be in the designated competition area with or without an assigned escort.

3.0 COMPETITION PROBLEM SCENARIO(S)

- 3.1 The problem scenario will be the responsibility of the Competition Committee or their designee.
- 3.2 The number of problem scenarios to be completed by a team and their complexity will be at the discretion of the Competition Committee.
- 3.3 In the event a problem scenario is constructed toward a specific BLS method, the team captain(s) shall be notified as to the appropriate method.
- 3.4 Each competing team shall be given identical written problem scenario(s) to work.
- 3.5 Time limits shall be set for each problem scenario by the Competition Committee.
- 3.6 No improvising will be permitted except for mouth-to-mouth resuscitation, unless approved by the Judge.
- 3.7 Each victim must be transported to a "designated zone" and the Judges instructed by the team captain that the problem has been completed unless time allotted for the problem has expired.

4.0 COMPETITION SCORING

- 4.1 Approved NCAR&EMS standards and scoring procedures shall be used.
- 4.2 THE DECISIONS OF THE JUDGES AND COMPETITION COMMITTEE SHALL BE FINAL.
- 4.3 All score sheets shall be designed for each specific problem scenario.
- 4.4 In the event a score sheet is written toward a specific method of BLS, the team captain shall be notified which method is appropriate.
- 4.5 All score sheets and their contents shall be held in strict confidence by the Competition Committee and Judges.
- 4.6 The Competition Committee will secure each score sheet from each judge immediately after each problem.

- 4.7 It shall be the Competition Committee's responsibility to accurately tabulate all score sheets.
- 4.8 Failure of a team to complete the entire contents of any problem scenario, will result in points lost and scoring will be given only on the part(s) of the problem scenario completed.
- 4.9 Completed score sheets shall not be given to competing teams.
- 4.10 Upon request from a competing team, unmarked problem scenarios and unmarked score sheet may be provided to competing team, at the discretion of the Competition Committee

5.0 COMPETITION VICTIMS

- 5.1 Persons desiring to be victims for Competition must be acceptable to the Competition Committee.
- 5.2 Victim candidates will be thoroughly briefed prior to their agreeing to being a victim as to what is expected and may be involved.
- 5.3 Female victims will wear 2-piece bathing suits.
- 5.4 Male victims will wear 1-piece bathing suits.
- 5.5 Victims will not wear makeup of any kind.
- 5.6 Victims weigh. 100 lb. minimum - 175 maximum.

6.0 VIDEO/COMMUNICATION EQUIPMENT

- 6.1 Any use of any video or communication equipment in the competing area shall be granted only by the competition Committee.
- 6.2 Video equipment used to film Competition may be from:
 1. NCAR&EMS Competition Committee
 2. Any NCAR&EMS Member
 3. Team Supporters
 4. Media Representatives

- 6.3 Video equipment, that is allowed, will be placed at the discretion of the Competition Committee and shall not block or interfere with any team or judge.
- 6.4 Video tape pictures shall not be used as evidence to change any judges decision made during Competition.

7.0 EQUIPMENT & PERSONAL ITEMS

- 7.1 Competing teams will be asked to provide equipment for Competition by the Competition Committee. An equipment list will be sent to each competition team not less than 30 days prior to competition.
- 7.2 Equipment must be in place and ready for inspection at the designated time listed on the convention schedule.
- 7.3 Loss, damage or breakage of equipment during the Competition shall be the responsibility of the competing team.

8.0 BLS TEAMS

SENIOR BLS TEAMS

- 8.1 The Competition team may consist of three (3) members. Only two (2) will engage in each problem. The third person may be used as an alternate and bystander for lifting and moving victims.

JUNIOR BLS TEAMS

- 8.2 The Team may consist of four (4) members, with all members being under 18 years of age. Only two (2) will engage in each problem. The two (2) other members may be used as alternates and bystanders for lifting and moving victims.
- 8.3 The team captain shall submit a written list of team member's name to the Competition Committee at the Judge's/Captain's meeting.
- 8.4 The team captain will be the only persons allowed to confer with the judges during competition.
- 8.5 The team members will answer any and all questions asked by the judges.
- 8.6 All team members must be members of the NCAR&EMS.
- 8.7 All team members must be registered at the convention.
- 8.8 All team members shall be in squad uniform.

- 8.9 No team will be allowed to borrow a team member from another team during competition.
- 8.10 The competing teams will be "incommunicado" during the contest. Conferring with others outside the contest area will be subject to investigation and possible disqualification by the contest committee.
- 8.11 The participating teams and their members shall agree to protect the NCAR&EMS and its officers, contest officials and judges and the host city, host squad, the State of North Carolina and/or the owner(s) of any property, including land and/or structures, thereon where the Competition is conducted, from any liability, claims or expense in the event of any accident(s) during or in connection with the Competition.
- 8.12 All team captains will meet with competition officials prior to the Competition.
- 8.13 It is required that each team furnish a victim and a qualified Judges Assistant as approved by the Competition Committee, for competition.
- 8.14 The Team Captain will be the only team representative at the Judge's and Captain's Briefing.

9.0 JUDGES

- 9.1 Minimum number of judges will be determined by the Competition Committee or their designee.
- 9.2 Judges will be provided by OEMS.
- 9.3 The Judges will be present at the Captain/Judges meetings conducted by the Competition Committee.
- 9.4 The Judge(s) and Competition Committee reserve the right to stop the problem at any time due to extensive delay, lack of safety precautions, or misconduct on the part of any team or team members.
- 9.5 All Judges will receive the Competition problem scenario(s) and the corresponding score sheet.
- 9.6 Judges will give the Captain problems only on command of the Competition Committee or its representative.
- 9.7 At no time will a judge make any comment as to a team's performance, either positive or negative.
- 9.8 At no time will a competing team be allowed to see or be

told verbally how their or any other team scored by the judges.

9.9 For their time and effort, Judges Assistants will be given a stipend by the NCAR&EMS.

9.10 Judges Assistants will not wear uniforms or patches identifying squad or level of certification.

9.11 Judges Assistants will wear "identification" as provided by the NCAR&EMS.

9.12 Judges Assistants will inspect required equipment prior to competition.

9.13 Judges Assistants will assist in any and all efforts of the competition.

10.0 JUDGES ASSISTANTS QUALIFICATIONS

10.1 Judges Assistants must be a member of NCAREMS.

10.2 Judges Assistants must have attended the briefing for Judges Assistants.

10.3 Judges Assistants must be certified at a minimum of Medical Responder by NC Office of Emergency Medical Services.

11.0 REFRESHMENTS

11.1 Refreshments will be provided in the following areas:

- a. Judge's Briefing Area
- b. Moulage Area
- c. Team Holding Area